

## CASE HISTORY FORM

Date: \_\_\_\_\_ Evaluating Therapist: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parents/Guardians: \_\_\_\_\_

Address: \_\_\_\_\_

City, State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone(s): \_\_\_\_\_

Work Phone(s): \_\_\_\_\_

Parents Profession: \_\_\_\_\_

Email(s): \_\_\_\_\_

Sibling(s) Names and  
Ages: \_\_\_\_\_  
\_\_\_\_\_

Please check which methods of communication are acceptable for discussing treatment appointments as well as information regarding treatment and evaluation results?

Cell Phone

Text Message

Email

Home Phone

I agree to receive communication from My Recess Therapy through the above methods. I understand I am responsible for additional data charges imposed by my service provider and acknowledge My Recess Therapy is not liable for any compromised privacy by my email provider/host, Internet service, cell-phone or data service.

Name of referring physician: \_\_\_\_\_

Reason for referral? \_\_\_\_\_

Medical diagnosis:  
(if applicable) \_\_\_\_\_  
\_\_\_\_\_

Who can we thank for referring you to My Recess Therapy?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# THERAPY

## DEVELOPMENTAL HISTORY

### PRENATAL HISTORY

Pregnancy: # of Weeks \_\_\_\_\_  
Normal/Problems:  
(describe) \_\_\_\_\_  
\_\_\_\_\_

Birth Weight: \_\_\_\_\_ Apgar Score: \_\_\_\_\_  
Labor: \_\_\_\_\_ Normal \_\_\_\_\_ Induced  
Special Considerations: \_\_\_\_\_ Cesarean \_\_\_\_\_ Premature \_\_\_\_\_ Breech  
\_\_\_\_\_ Child Rotated \_\_\_\_\_ Cord Around Neck \_\_\_\_\_ Other:  
Hospital Stay: Mother \_\_\_\_\_ Child \_\_\_\_\_

If child was adopted, please give as much information as possible about the child's biological mother and family history

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Was your child breast fed and if so for how long? \_\_\_\_\_  
Did your child enjoy tummy time? \_\_\_\_\_ Explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### DEVELOPMENTAL MILESTONES

At what age did your child:

\_\_\_\_\_ Sit-up without support \_\_\_\_\_ Crawl \_\_\_\_\_ Walk  
\_\_\_\_\_ Run \_\_\_\_\_ Use words \_\_\_\_\_ Sentences  
\_\_\_\_\_ Drink from a cup \_\_\_\_\_ Use spoon, fork, knife \_\_\_\_\_ Dress self

# THERAPY

## SPEECH THERAPY FORM

### HISTORY

Has your child's speech and/or language skills been evaluated previously?

Yes  No

If so, where \_\_\_\_\_

What were the results and recommendation? \_\_\_\_\_

Has your child received speech-language therapy previously?

Yes  No

*Please describe where, when, and what was addressed*

---

---

### DEVELOPMENTAL MILESTONES

Did your child babble as an infant?

Yes  No

Please tell the approximate age your child achieved the following milestones:

Babbled \_\_\_\_\_ Put two words together \_\_\_\_\_

Said first words \_\_\_\_\_ Spoke a short sentence \_\_\_\_\_

Did your child's speech and language skills progress at a consistent rate

Yes  No

### GENERAL INFORMATION

Describe in your own words what problem your child is having with speech and/or language? Be specific.

---

---

How does your child typically communicate? Please describe.

---

---

Is your child able to imitate speech sounds? words? phrases?

Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have concerns with your child's ability to understand language?

Yes \_\_\_\_\_ No \_\_\_\_\_

Does your child respond to simple directions?

Yes \_\_\_\_\_ No \_\_\_\_\_

Answer yes/no questions accurately?

Yes \_\_\_\_\_ No \_\_\_\_\_

Answer "wh" questions accurately (who, what, where, when, why)?

Yes \_\_\_\_\_ No \_\_\_\_\_

Does your child do any of the following:

Choke on foods or liquids?

Yes \_\_\_\_\_ No \_\_\_\_\_

Put toys/objects in his or her mouth?

Yes \_\_\_\_\_ No \_\_\_\_\_

Brush teeth and/or allow brushing?

Yes \_\_\_\_\_ No \_\_\_\_\_

# THERAPY

## MEDICAL HISTORY

Please list any doctors that currently follow your child (MD, ortho, psychiatrist etc.)

---

---

---

Any history of surgeries: If so elaborate and include dates

---

---

---

Does your child have any allergies? If so when and by whom were they diagnosed?

---

---

---

Is your child currently taking any prescription medications, supplements, or over-the-counter medication? Please list dose and frequency.

---

---

---

Does your child have history of ear infections?

---

---

---

Has your child had his/her hearing tested? Results?

---

---

---

Has your child had a visual exam? If so, when and what were the results?

---

---

---

Is your child currently receiving any other special services through school or privately? (Physical therapy, speech therapy, psychology, tutoring include names of other professionals, frequency and duration.)

---

---

---

---

# THERAPY

## EDUCATIONAL HISTORY

What is your child's current grade? \_\_\_\_\_ Teacher's Name: \_\_\_\_\_

What school does he/she attend? \_\_\_\_\_

Please list other schools attended \_\_\_\_\_

Does your child have an Individualized Education Plan (IEP)? \_\_\_\_\_

If yes, what services are included in the IEP? Please list frequency of services: \_\_\_\_\_

Does your child have any difficulty with reading? \_\_\_\_\_

## BEHAVIOR/SOCIAL HISTORY

Describe your child's social interaction with other children \_\_\_\_\_

Describe your child's tolerance for challenging or frustrating tasks \_\_\_\_\_

How does your child do when making transitions between activities, environments, or when there are unexpected changes in plans/expectations \_\_\_\_\_

Does your child prefer to engage in solitary and/or parallel play? \_\_\_\_\_

Does your child participate in any community based activities (karate, scouts, etc). Please list frequency and duration (i.e. Soccer June- Sept 1x weekly) \_\_\_\_\_

Describe your child's play skills. Include his/her interests, favorite toys/games, pretend themes used in play, etc. \_\_\_\_\_

Can he/she engage in pretend play alone/with others/with an adult? \_\_\_\_\_

# THERAPY

## SELF-CARE/DAILY ROUTINES

Do you have any concerns related to your child's diet?

---

---

**Please List**

Foods your child eats regularly

---

---

---

Foods your child used to eat but no longer eats

---

---

Are there sensitivities to taste, explain

---

---

Are there sensitivities to texture, explain

---

---

Are there sensitivities to temperature, explain

---

Are there concerns with your child's ability to bite, chew, move food around in the mouth, or swallowing, explain

---

---

---

Please describe your child's sleep habits (Include bedtime routine, # of hours, # of naps if any)

---

---

---

---

Please describe how your child typically gets dressed. (Include how much assistance is needed, length of time, preference for certain fabrics/avoidance of textures)

---

---

---

---

---

Can your child     fasten snaps     buttons     zippers  
                          buckles             velcro enclosures     tie shoes

# THERAPY

## SELF-CARE/DAILY ROUTINES *(CONTINUED)*

Please describe bath time for your child (level of independence, like/dislike, preference for a bath or shower)

---

---

---

Please describe your child's ability/tolerance of:

Brushing teeth

---

---

Brushing hair

---

---

Washing hands/face

---

---

Is your child toilet trained?     YES     NO    If so, when did this occur? \_\_\_\_\_

Please describe if there were/are any problems with toileting

---

---

---

Please describe you child's ability to keep track of personal belongings

---

---

---

Please describe your child's ability to independently organize his/her bedroom, backpack, desk

---

---

---

# THERAPY

## ATTENTION/SELF-REGULATION

Does your child have a difficult time calming down to go to sleep or waking up in the morning? If so, please explain

---

---

Is your child irritable at predictable times of the day? If so, what events trigger this and when does it occur?

---

---

---

Does your child seem happier or more cooperative at predictable times of the day? Please describe

---

---

Does your child exhibit any impulsiveness, aggression, or immaturity more than other children his/her age? If so, please explain

---

---

---

---

Describe your child's ability to attend to activities (responding to his/her name or a question in a timely manner, table top tasks -vs-gross motor activity-vs-homework)

---

---

---

---



# THERAPY

## MOTOR SKILLS

Please describe your child's fine motor and visual motor skills (manipulation of small objects and toys/ dexterity, grasp on pencils/crayons, control/accuracy, quality of writing)

---

---

---

Can your child ride a bicycle (tricycle or two wheeler)

---

---

---

Please describe your child's performance on jungle gym type equipment (preferences, tolerance for swings, climbing, level of independence)

---

---

---

## PARENTAL CONCERNS

What do you feel are your child's strengths?

---

---

---

---

What are your concerns?

---

---

---

---

What do you hope will be gained by having this evaluation and physical / occupational therapy treatment if recommended?

---

---

---

---